

THE CATHOLIC COMMUNITY OF

NORTH HARBOUR

Worshipping Communities of Allambie Heights, Balgowlah, Balgowlah Heights, Brookvale, Clontarf, Manly Vale, North Balgowlah, Seaforth and parts of Beacon Hill and North Manly

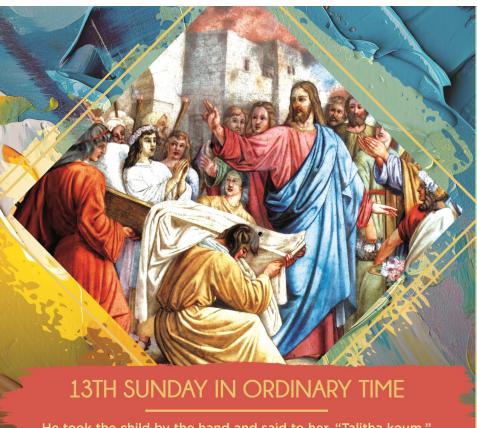
30 JUNE 2024

Under the Pastoral Care of the Augustinians

Catholic Diocese of Broken Bay



Want to receive the bulletin via e-mail? Email office@nhcatholic.org.au



He took the child by the hand and said to her, "Talitha koum," which means, "Little girl, I say to you, arise!" - Mk 5:41

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. ©LPi

1ST READING

Wisdom 1:13-15; 2:23-24 *Death is not God's doing.*

RESPONSORIAL PSALM

Ps 29:2. 4-6. 11-13. R. v.2 I will praise you, Lord, for you have rescued me.

2ND READING

2 Corinthians 8:7. 9. 13-15 *Abound in works of charity.*

GOSPEL ACCLAMATION

2 Timothy 1:10
Alleluia, alleluia!
Our Saviour Jesus Christ has done away with death and brought us life through his gospel.
Alleluia!

GOSPEL

Mark 5:21-43

Jesus heals a woman of her haemorrhage and restores Jairus' daughter to life.

MASS & LITURGY TIMES

CHURCH OF ST. CECILIA

Wanganella St and White St, Balgowlah 2093

MASS:

Wednesday, 9am Sunday, 9am

BAPTISM:

Sunday, 10.30am

1st Sundays of the month (within the 9am Mass)

Baptism Preparation is required for first baptisms. Contact Parish Office for more details. Thank you.

RECONCILIATION:

Saturday, 5.00 to 5.45pm Church of St. Kieran

YOUTH MASS:

2nd Sundays of the month during the school term.

WEDDING:

Require six months notice and include Pre-Marriage Course as part of the preparation.

CHURCH OF ST. KIERAN

2 King Street, Manly Vale 2093

MASS:

Monday, Tuesday, Thursday, Friday*, Saturday, 8.30am

Saturday (Vigil), 5.30pm Sunday, 7.30am, 9.30am, 5pm

* Adoration to the Blessed Sacrament after Mass on Fridays.

BAPTISM:

Sunday, 11.30am

1st Sundays of the month (within the 9.30am Mass)

Baptism Preparation is required for first baptisms. Contact Parish Office for more details. Thank you.

In the spirit of reconciliation the Catholic Community of North Harbour acknowledges the Traditional Custodians of these lands on which we gather.

We recognise their continuing connection to the lands and waterways and pay our respect to their elders past and present

and extend that respect to all First Nations people in our community.



WELCOME TO NORTH HARBOUR

- YOU ARE INVITED
- JOIN US IN OUR VARIED CELEBRATIONS & ACTIVITIES
- CONSIDER SHARING YOUR GIFTS TO US

GET IN TOUCH

- OFFICE@NHCATHOLIC.ORG.AU
 2 KING STREET, MANLY VALE 2093 NSW
- ₩WW.BBCATHOLIC.ORG.AU/NORTHHARBOUR
- (02) 9949 4455



WHY DO WE DO THAT? Catholic Life Explained

Question:

In today's digital world, do we really need to be face-toface with a priest to confess our sins? Would Facetime or Zoom ever be allowed?

Answer:

The question of whether or not Catholics can celebrate the Sacrament of Reconciliation virtually (via social media, by phone, or in some other way) is a question that has actually been around for several years. The recent COVID-19 pandemic brought the question back in a new way, especially as many parishes were forced to introduce a sort of "social distanced" confession, with the sacrament being celebrated outdoors.

In reflecting on this question, however, there are a couple points that we want to keep in mind. First, as the Code of Canon Law observes in different places, the faithful have a right to the sacraments of the Church and the Church's ministers have a responsibility to make them accessible. At the same time, however, we always have to be sure that we respect the nature of the sacraments themselves.

Although modern forms of technology and communication can help us in our work of evangelisation catechesis, the Pontifical Council for Social Communication has reminded us that, "Virtual reality is no substitute for the Real Presence of Christ in the Eucharist, the sacramental reality of the other sacraments, and shared worship in a flesh and blood human community. There are no sacraments on the internet" (The Church and the Internet, no. 9).

Although our encounters with others on the internet and via social media can be considered "real" in one sense, in the sacraments we encounter Christ in a personal and ecclesial way. It is never just a private experience but is always grounded in the life of the Church and this means that it must truly be personal, including the contact between the confessor and the penitent. While the convenience or ease of online celebrations might be appealing for many reasons, at heart, we always want to keep in mind the fullness of the Church's tradition and the meaning of the sacraments. ©LPi

BRINGING HOME THE GOSPEL

Once more Jesus tells us, "Don't be afraid; only believe." Why can't I get it? I believe, and truly trust God, but I still worry. How can Jesus possibly expect any parent to live without anxiety? I know that with five grown children and seven grandchildren there always seems to be someone to worry about.

Perhaps the fear Jesus is talking about goes beyond the very human feeling of apprehension or anxiety we experience on a regular basis. After all, fear gets the adrenaline going, and we often need that surge to react appropriately. (Picture yourself and a lion in close proximity.) I'd like to suggest that the fear Jesus is talking about is just the opposite kind of fear—a fear that is debilitating—fear that leaves us hopeless and despondent.

Even the very human Jesus was afraid. Remember his prayer in the Garden of Gethsemane? Luke tells us Jesus sweat blood when he asked his Father to remove the cross that faced him. Now that's fear—quite appropriate human fear. But Jesus did not allow his fear to disable him. When Jesus was afraid he prayed. He told his Father exactly what he wanted and then handed it over to him—"Not my will but yours be done."

When Jesus prayed in the garden, his burden wasn't taken away, but obviously he received all he needed to get thorough it. Since he was fully human, I expect Jesus was probably still afraid when facing death, but he was able to face his accusers and executioners with dignity and courage. What a great lesson on how to handle our worries and anxieties.

FAMILY RESPONSE:

Discuss the different fears family members have. Talk about ways of handling this feeling.

PERSONAL RESPONSE:

What are some of your own greatest personal fears? How do you handle worry and anxiety?

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WEEKLY SOCIAL JUSTICE CHALLENGES

This week we celebrate the feast of Thomas the Apostle -- yes, "doubting" Thomas. Thomas is the apostle for the ordinary person – one who likes to have a little proof and to see for him or herself if things are true. Most people have faith when things are going well. But when there

is a rough patch we wonder where God is in the midst of it. We want signs and wonders to know God is out there. Today there are so many devastating world problems that we wonder where God is in the midst of things... in Gaza, Syria, Sudan, and Ukraine.....We are reminded that God is present in each of us and our creativity, imagination, compassion, help, work, money, and ideas are all ways that we can contribute to God's work in the world. This week, check out Catholic Relief Service at www.crs.org. Learn how the church is working to bring hope and help to those in need. Consider making a micro-loan to someone working toward a better life. Faith... you have to use it and practice it to make it stick. Try yours out this week.

CARE FOR CREATION TIPS

"God does not delight in the death of the living. For he created all things so that they might exist; the generative forces of the world are wholesome, and there is no destructive poison in them." –Wisdom 1:13-14.

Personally, we may not like buzzing, crawling, slithering, or scampering critters like bees, insects, mice, or snakes that inhabit our yards, gardens, and parks, but God

created them as creatures with value. This week, vow to eliminate, or cut back on, your household's use of pesticides and poisons that kill wildlife, seen and unseen. Advocate that your city use only natural methods of critter control in its parks and public areas.

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PASTORAL CARE FOR THE HOMEBOUND

Our clergy and pastoral care ministers bring the Eucharist, sacraments of reconciliation, and anointing of the sick to parishioners who are unable to participate because of illness or aging. For more information and to receiving arrange the sacraments, contact Parish Office.

SICK CALLS AND OTHER URGENT MATTERS

If you need a priest urgently, please call the appropriate number:

BUSINESS HOURS: PARISH OFFICE—9949 4455

AFTER HOURS: (Evenings & Weekends) 0490 898 464



BAPTISM PREPARATION COURSE 1ST SUNDAY OF EVERY MONTH

July 7, August 4 October 6, November 3

PRAY FOR THOSE IN OUR COMMUNITY:

SICK:

Margaret Koorey/Moses, Greg Hyde, Yvonne Taylor

RECENTLY DECEASED:

Moira Geraghty, Marina Cooney

ANNIVERSARIES:

Millie Saunders, Therese Ryan, John Osborne, Giuseppi Taranto

Our community would love to pray for you.

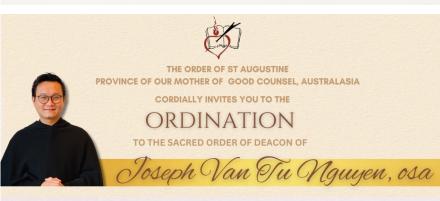
If you have an intention you would like to be included in this bulletin please e-mail office@nhcatholic.org.au

PARISH & DIOCESAN NEWS AND NOTICES



Monday, 1 July at St Kieran's Wednesday, 3 July at St Cecilia's

Thank you for your understanding and please keep the Augustinians in your prayers!



TO BE PRESIDED BY

Most Rev Bishop (Anthony Randazzo, DD, ICL BISHOP OF BROKEN BAY

> FRIDAY, 5 JULY 2024, 7:30 PM | ST KIERAN'S CHURCH 2 KING ST, MANLY VALE

REFRESHMENTS AVAILABLE IN THE PARISH CENTRE FROM 6-7PM FESTIVE SUPPER TO FOLLOW AFTER MASS



AUGUSTINIAN FORMATION APPEAL

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Are you thinking about

PLANNED GIVING?

Envelopes are now available in the church foyer.

Thank you for your generosity!





LocalKind is a community organisation that helps vulnerable and at-risk people across the Northern Beaches and beyond.

They have been operating since 1977. They provide a safe space where people can be connected to specialist caseworkers who can assist across 4 main areas: Housing and Homelessness, Domestic and Family Violence, Multicultural Services, Family and Youth. They also provide one of the only drop in centres where people can find help without making an appointment and in a judgment-free space. They also provide material aid and food to anyone in need. Last year they saw 7860 people accessing our Community Drop in service, and 3115 occasions of support (including Homelessness, Domestic and Family Violence and Multicultural Services). With the cost of living crisis, we are seeing more demand for our services and more people accessing support on a daily basis. They can be found at www.localkind.org.au

PARISH & DIOCESAN NEWS AND NOTICES





Broken Bay is again delighted to host the Ignite Sydney Conference, a gathering of Catholics for four days of formation, renewal of faith, and powerful worship. It is a conference for all children, high school students, and young adults, and deeper sessions for adults, specifically parishioners, priests, religious, ministry leaders, parents, and grandparents. There is something for everyone at the Ignite Conference.

Mission Broken Bay is pleased to *offer a* 50% subsidy for parishioners to attend.

Please contact Mission@bbcatholic.org.au to access the promotional code for either a "Teen" or "Adult" registration.

THE AUGUSTINIAN FORMATION ASSOCIATION INVITES YOU TO



WITH SPECIAL GUESTS: THE AUGUSTINIANS! FOOD | LUCKY DOOR PRIZE | MAJOR RAFFLE **FESTIVE MUSIC & FUN!**

> Saturday, 13 July, 7 for 7:30PM St Kieran's Parish Centre

\$60PP, BYO Drinks - Book a table of 8 or join a table!

RSVP/PAY: 3 JULY, CASH or CREDIT CARD Please RSVP to Honorine (0416 042 316 or hjarkey@gmail.com) Cash payments can be taken at the Parish Office Direct Deposit to AFA Account: BSB: 032 190 ACC: 105386 REF: JulyXMAS



Earn up to \$450 per week!

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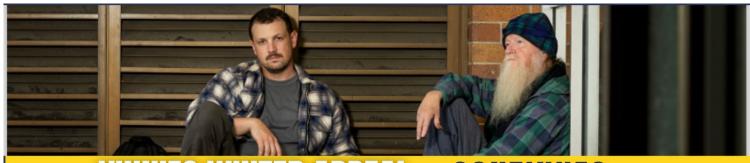
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There's still time for you to support our Winter Appeal and help vulnerable families in need!



Thank you so much for your generosity. All donations over \$2 are tax deductible.

DONATE TODAY!

Fill out an envelope and return it to your Vinnies member, donate online at www.vinnies.org.au, or call 13 18 12.

Scan the QR code to make a donation to the Manly Vale conference fundraising page.



Sharing the Gospel

In today's Gospel a little girl was so sick that people thought she was dead. However, Jesus said she was just asleep. He held her hand and said, "Get up, little girl." Every day you work hard doing chores at home and learning at school. If you are tired and do not want to get out of bed, Jesus will hold your hand and say, "Get up and enjoy the day."

Prayer

Lord, help me get out of bed quickly to learn about your world.

Mission

Make a Get Well card and give it to someone who is sick.

©LPi







Lord, teach me what I should teach, Teach me what I should hold fast.

Letter 166, 10
- St. Augustine of Hippo

NEXT WEEKEND (7 JULY): 14TH SUNDAY IN ORDINARY TIME, YEAR B

1st Reading

Ezekiel 2:2-5
Ezekiel is sent to the Israelites.

RESPONSORIAL PSALM

Ps 122. R. v.2
Our eyes are fixed on the Lord,
pleading for his mercy.

2ND READING

2 Corinthians 12:7-10 *God chose us in Christ.*

GOSPEL ACCLAMATION

See Luke 4:18
Alleluia, alleluia!
The Spirit of the Lord is upon
me; he sent me to bring Good
News to the poor. Alleluia!

GOSPEL

Mark 6:1-6 No prophet gains honour in his native place.

6 JULY, 5.30PM ST KIERAN'S

Senior Server
David Brown

Readers

Val Cecilia

Music

Parish Choir

Communion MinVolunteer needed

Powerpoint Volunteer needed

WelcomersVolunteers needed

7 JULY, 7.30AM ST KIERAN'S

Senior Server

Jo

ReadersJudith

Jenny

Music

None

Communion MinVolunteer needed

Powerpoint Volunteer needed

Welcomers
Volunteers needed

7 JULY, 9AM ST CECILIA'S

Senior Server

Cecilia

Readers Michael H Michael C

Music Anushka

Communion MinVolunteer needed

PowerpointVolunteer needed

Welcomers
Pauline

7 JULY, 9.30AM ST KIERAN'S

Senior Server Kevin

ReadersBrian C

Kate *Music* Harvest

Communion MinVolunteer needed

PowerpointVolunteer needed

WelcomersVolunteers needed

7 JULY, 5PM ST KIERAN'S

Senior Server Marisa

Readers
Louise
Catherine

Music Ben M

Communion MinVolunteer needed

Powerpoint Volunteer needed

WelcomersVolunteers needed

OBSERVANCES FOR THE WEEK OF 30 JUNE

Mon 1 July: Monday of the 13th Week in Ordinary Time, Year II **Tue 2 July:** Tuesday of the 13th Week in Ordinary Time, Year II

Wed 3 July: St Thomas, apostle

Thu 4 July: Thursday of the 13th Week in Ordinary Time, Year II Friday of the 12th Week in Ordinary Time, Year II Sat 6 July: Saturday of the 12th Week in Ordinary Time, Year II

The Catholic Community of North Harbour

Under the Pastoral Care of the Augustinians Catholic Diocese of Broken Bay www.bbcatholic.org.au

Parish Office 2 King Street, MANLY VALE 2093 NSW AUSTRALIA

P 02 9949 4455 E office@nhcatholic.org.au W www.bbcatholic.org.au/northharbour

Office Hours 9.00am to 4pm (Tuesday to Friday)

Parish Churches Church of St Cecilia Wanganella St and White St, Balgowlah 2093 NSW

Church of St Kieran 2 King St, Manly Vale 2093 NSW

Parish Staff Parish Priest: Fr Michael Belonio, OSA E pp@nhcatholic.org.au

Asst Priest: Fr John Zhang E jzhang@nhcatholic.org.au

Parish Manager: Jacky Worthington E manager@nhcatholic.org.au (Mon, Wed, Thu)

Parish Secretary: Jane Filacuridi E office@nhcatholic.org.au (Tue, Wed)
Parish Secretary: Anne Ross E office@nhcatholic.org.au (Thu, Fri)

Catechists, Family & Sacramental Ministries: Ursula Halloway M 0450 101 767 E families@nhcatholic.org.au

Resident Priests Fr Minh-Tan Hoang, OSA E minhtanhoang@yahoo.com.au

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CATHOLIC SCHOOLS BROKEN BAY Co-educational Pathways

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PLEASE CONSIDER ONLINE GIVING

Our parish is grateful for your continued support. Thank you!



North Harbour PARISH







You can now donate for North Harbour Parish Clergy and Parish Funds AND to support Pastoral Works Broken Bay (PWBB) Appeals, using the Parish Giving Broken Bay App. Thank you for your generosity.

To support our Parish and our Diocese, please scan the QR code, download the Parish Giving Broken Bay App, sign in and become a regular donor. Alternatively, visit: brokenbay.goodgiving.com.au/home/brokenbay